

The Complete Consumers Guide

To Laser Lipo Machines And Systems –
Which One Is Right For You?

We Test Vevazz Slim Line, Lipo Light, Zerona, I-Lipo,
Yolo, Ultra Slim, Strawberry And Contour Light



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Introduction

Welcome to this special guide to Laser Lipo Fat Loss and Body Contouring machines and systems...the technology that has transformed the field of fat and weight loss.

Not all Laser Lipo Fat Loss and Body Contouring machines are the same. Far from it. The differences will make a big impact on whether you lose weight successfully or end up disappointed, frustrated...or EVEN WORSE. You see some types of machines can have unwanted side-effects. Some are actually dangerous and should be avoided.

The purpose of this guide is to help you make an informed choice and select the laser lipo machine or system that's right for YOU.

This SPECIAL GUIDE covers...

- 1) "12 Questions You MUST Ask Before Choosing A Non-Invasive Laser Lipo Body Contouring Machine"
...along with a convenient checklist you can use for your own assessment.
- 2) An in-depth review and comparison of the 8 leading Laser-Like and Laser Lipo Fat Loss and Body Contouring machines. Laser-Like Lipo technology is the latest advance in this field and offers significant advantages over first-generation Laser Lipo machines.
- 3) Editor's Choice / Recommendation / Best Pick

You'll also discover a number of factors that are not necessarily obvious that are crucial to your WEIGHT LOSS SUCCESS when undertaking a program involving a laser lipo machine.

At the conclusion of this special report you'll be armed with all the information you need to make the right decision about choosing a program that involves a Laser Lipo Fat Loss And Body Contouring machine.

Part 1 of this special report covers those "12 Questions You MUST Ask Before Choosing A Non-Invasive Laser Lipo Body Contouring Machine" ...

...but FIRST please read the following IMPORTANT WARNING...

IMPORTANT WARNING

FDA stamp of approval is needed – Beware of Cheap Machines from China

There is a lot of misleading information about what (if any) FDA approvals are required for laser and laser-like fat loss machines. Part of that may be because there are different levels of FDA approval required depending on the particular machine and the intended use.

BUT...regardless of the type of machine and what it is used for, FDA approval IS REQUIRED for all machines that are used in a therapeutic setting.

Before starting any course of weight-loss or body-contouring treatment, make sure that any machines that will be used are approved by the FDA.

Reputable practitioners will have no hesitation confirming the machines they use are FDA approved.

If you have any doubts or are in any way uncertain about a machine, it is best to not go ahead with the program.

Machines that are not FDA approved can be dangerous and cause unwanted side effects. It is not worth the risk to your health and well-being, even if it appears that you might be saving money.

Especially be wary of machines made in China. None of the cheap machines imported from China are FDA approved (one of the reasons for their low cost).

And beware of “rebadged” machines, in other words where a US company is importing machines from China and re-selling them under a local name or brand. In most cases these machines are NOT approved by the FDA.

So...it's simply NOT WORTH THE RISK to gamble with your health on a machine that is not FDA approved.

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PART 1 - 12 Questions To Ask Before Choosing A Non-Invasive Laser Lipo/Body Contouring Machine

In this section are listed 12 questions you MUST answer for yourself BEFORE choosing a program involving a laser lipo device.

Q1. Is your practitioner certified to perform laser-like lipo services?

If yes, you are clear to proceed.

Look For: State approvals

Q2. What are the potential side effects and risks of the machine?

Non-invasive laser-like lipo and laser lipo machines have ZERO known side effects and the technology has been in use since 1994. The technology is safe because the treatment does not cause any damage to cells.

In contrast, other technologies do cause cellular damage. For example, known potential side effects from Cavitation and Radio Frequency machines are burning, scarring, bruising, dissolved gasses being released into the system, difficulty breathing, dizziness, nausea, disorientation and more

Look For: Proven technology with NO known side effects (Choose Laser-Like Lipo or Laser Lipo)

Q3. Is the unit FDA cleared?

ANY machine that will be used to treat human beings MUST receive FDA approval.

There is no ambiguity about this, contrary to what you may hear elsewhere. To be sure, depending on the technology involved, there are different levels of approval required. At the end of the day, however, whatever the device, if it is going to be used for treatment of human beings, there MUST be a formal FDA approval. This is because potential side effects and problems could be caused by machines that are NOT approved by the FDA.

If you come across any claims that a unit does not need to be FDA approved, that is a BIG RED FLAG and you should avoid any treatment involving such machines.

Look For: Explicit confirmation of FDA approval

Q4. What is the build quality of the machine?

Some of the body contouring machines on the market are really cheaply made. Look carefully at the quality of screens, connection cords and the diodes. You do NOT want cheap screens, cheap connection cords or cheap diodes. Cheap build quality could result in potential risks in receiving the treatment.

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Look For: Professional-level build quality

Q5. What is the average inch loss PER MEASUREMENT AREA?

Every practitioner will quote figures for the inch loss achieved. HOWEVER to get a true picture of the effectiveness of a machine, you need to compare the figures on a CONSISTENT basis. The total fat loss achieved is fairly meaningless unless you take into account the number of measurement areas actually used.

For example, some practitioners use 12 measurement areas for the numbers they quote – some use 3. So make sure you know the basis of calculation and divide the total inches lost by the number measurement spots to get a clear picture of which machine performs the best.

Also, practitioners may use a different number of sessions required for the results. Remember to take this into account to get a consistent figure for comparison.

Look For: Average inch loss per measurement area

Q6. Do you have to do anything to maintain the fat loss?

Some treatment programs and machines require ongoing and repeated treatments to retain the results. Clearly this is undesirable because you will need extended treatment and may be unsatisfactory for you.

Superior programs involve an initial course of intensive treatment combined with a longer-term maintenance program, ideally involving just slightly better lifestyle choices that are easy for you.

Look For: Treatment that produces long term results

Q7. What is the mechanism of action?

Radio Frequency and Cavitation type machines kill the fat cells. This means that if you do not change your lifestyle, you will most likely regain the fat lost but in strange places like the back, knees and arms. This is because the fat has to go somewhere and the original fat cells no longer exist.

Non- invasive laser-like lipo and laser lipo machines naturally cause the fat cells to open up, release the contents, and shrink in size. Because the cells remain alive and healthy, if you gain fat again later, it will be in normal looking spots.

Look For: Laser-Like Lipo machines

Q8. How many diodes does the machine have? Spread out over how much area?

The diodes are what produce the results. So the number of diodes determines both the time needed to treat and the effectiveness of the treatment. With more diodes you have better results. And the more spread out they are the less treatment time you need.

Look For: Larger number of diodes

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Q9. What is the treatment area of the machine?

Some machines have a 2 inch diameter of treatment area. Some have 2 square feet of treatment area coverage. The larger the effective treatment area, the less time for treatment and usually better results.

Look For: Large, effective treatment area

Q10. What is the treatment time per any given area?

Some machines only have the active treatment over any given area for a minute or two total. Some machines have it constant for 10 minutes. Some machines split the beam, so it covers a larger area – but only for a split second at a time, because the rotating split beam is only over any given area for a second at a time.

Look For: Fast treatment time per area

Q11. What is the treatment area of the machine per 10 minutes of time?

Some machines take literally 2 hours to treat an entire mid-section. Some take 20-40 minutes. The best machine takes as little as 7 minutes to cover the same area. Why take extra time for the same treatment?

Look For: Fast treatment time.

Q12. Does the machine kill or damage the fat cells?

Some machines like Cavitation and Radio Frequency involve freezing, cutting and other action that results in actually killing fat cells. This may sound beneficial. In fact it's not and can have serious consequences.

You have the same number of fat cells now that you had at puberty. What happens is that either they get bigger or smaller. For most of us, sadly, they just end up getting bigger over time!

So, if after a treatment that removes or destroys fat cells you regain any fat, for example by going back to your old lifestyle, you will gain the fat back in the fat cells that remain. The fat has to go somewhere and if some fat cells are dead, the body will put the fat elsewhere. This could be in places like your back, elbows and knees. The result would be that you ended up looking weird, even ugly or bizarre.

Look For: Fat loss technology that mimics natural processes to avoid ugly side effects

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CHECKLIST

12 Questions To Ask Before Choosing A Non-Invasive Lipo Laser/Body Contouring Machine

Q1. Is your practitioner certified to perform laser-like lipo services?

Q2. What are the potential side effects and risks of the machine?

Q3. Is the unit FDA cleared?

Q4. What is the build quality of the machine?

Q5. What is the average inch loss PER MEASUREMENT AREA?

Q6. Do you have to do anything to maintain the fat loss?

Q7. What is the mechanism of action?

Q8. How many diodes does the machine have? Spread out over how much area?

Q9. What is the treatment area of the machine?

Q10. What is the treatment time per any given area?

Q11. What is the treatment area of the machine per 10 minutes of time?

Q12. Does the machine kill or damage the fat cells?

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PART 2 - Review Of The 8 Leading Non-Invasive Laser-Like Lipo Body Contouring Machines

In this section, the performance of the 8 leading laser-like and laser lipo machines is reviewed.

2.1 Rating Factors - The rating factors considered are...

Rating Factor	Reason
Action On Whole Body	Delivers overall better results
Direct Skin Contact	Improves effectiveness of treatment
Spot Reduction Capability	Flexibility of treatment and better results
Psychological Support Provided	Essential for lasting results
Place Of Manufacture	Build quality and reliability important
Number Of Diodes	Adequate number essential for effective treatment
Number Of Paddles	Flexibility and adequate number essential for effective treatment
Treatment Time (Minutes)	Fast treatment time is more convenient
FDA Approvals	Proper regulatory approval is essential for your safety
Whole Body Vibration Capability	Important for overall results
Technology Level	Newer technology is safer and has other benefits
Power Output Per Diode	Needs to be optimized for best results
Wavelength NM	Minimum level required to get good results for different skin types
Direct Fat Loss Results	Direct results are important to show progress
Total System Fat Loss Results	Long term results are what is most important for you
Patient Results Guarantee	A results guarantee means you can be more confident about your choice

2.2 The Machines Reviewed

In this section, a total of 8 machines are reviewed.

The 4 leading laser-like lipo machines were reviewed. These are machines using the latest generation technology.

They are...

- Vevazz – New generation machine using laser-like super luminous LED technology that has all the benefits of conventional laser technology but without the drawbacks

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- Lipo Light – a foreign made machine using LED technology
- Advanced Photonics Ultra Slim
- Contour Light

Also reviewed are four older machines that use early generation technology.

They are...

- Zerona – Conventional laser fat-loss machine heavily promoted in the USA
- I-Lipo – European designed conventional laser fat-loss device
- Yolo/Meridian – Latest version of one of the original laser fat-loss devices
- Strawberry – European designed conventional laser fat-loss device

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2.3 Review Results

Rating Factor	Vevazz	Ultra Slim	Lipo Light	Contour Light	Zerona	I-Lipo	Yolo/ Meridian	Strawberry	Best Performer
Action On Whole Body	4 diodes per small paddle and WBV	May be an option	Has only 1 diode per small paddle	May be an option	Must do manual massage	Has only 1 diode per small paddle	Has only 1 diode per small paddle	Has only 1 diode per small paddle	Vevazz – Better Results
Direct Skin Contact	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Vevazz – Best overall utility
Spot Reduction Capability	Yes	Yes	Yes	Yes	Limited Capability	Yes	Yes	Yes	Vevazz – Best overall performance
Psychological Support Provided	Mind Changing Technology	Nothing for mindset changes	May be an option	Nothing for mindset changes	Nothing for mindset changes	Nothing for mindset changes	Nothing for mindset changes	Nothing for mindset changes	Vevazz – Permanent Results
Place Of Manufacture	Made in USA	Made in USA	Made in UK with Chinese parts	Made in China	Made in USA	Made in UK with Chinese parts	Made in Korea	Made in UK with Chinese parts	Vevazz – Best overall quality
Number Of Diodes	28 diodes per paddle 448 total	144 diodes in total	28 diodes per paddle	28 diodes per paddle equivalent	5 diodes total	9 diodes per paddle	8 diodes per paddle	6 diodes per paddle	Vevazz – Larger coverage area
Number Of Paddles	Up to 16	1 large paddle about size of 8 standard size paddles	16	4 larger paddles, about the size of 12-16 standard paddles	None – diodes float above body on a movable arm	8	8	4-10 (NOTE: paddles 50% smaller than other machines)	Vevazz – Easier to use

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Rating Factor	Vevazz	Ultra Slim	Lipo Light	Contour Light	Zerona	I-Lipo	Yolo/ Meridian	Strawberry	Best Performer
Treatment Time (Minutes)	7	20	20	25	40-60	20	20	20	Vevazz – Less time for treatment and more convenient
FDA Approvals	FDA registered for adjunct treatment of obesity - OTC	FDA Cleared for skin marks	FDA registered for assistance in treatment of obesity	NOT FDA registered or Cleared	FDA cleared for Body Contouring	FDA cleared for Temporary Reduction	FDA cleared for Body Contouring	FDA cleared for Body Contouring	Vevazz – broader FDA clearance means more convenient treatment for clients
Whole Body Vibration Capability	Whole Body Vibration unit included	May be an option	Lesser quality Whole Body Vibration	May be an option	May be an option	May be an option	Lesser quality Whole Body Vibration	Lesser Quality Whole Body Vibration	Vevazz – Better Results
Technology Level	Newest laser-like super luminous LED technology	LED Light	LED Light	LED Light	Older laser technology	Older laser technology	Older laser technology	Older laser technology	Vevazz – Newer and safer
Power Output Per Diode	60 MW 139 MW per CM squared	50 MW 105 MW per CM squared	10 MW 35 MW per CM squared	50 75 MW per CM squared	17 MW 5 MW per CM squared	40 MW 30 MW per CM squared	40 MW 35 MW per CM squared	40 MW 45 MW per CM squared	Vevazz – highest CM squared power
Wavelength NM	660 and 880	635	625	635	635	640	658	645	Vevazz – Need 660 NM or more for results with 27% of Americans

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Rating Factor	Vevazz	Ultra Slim	Lipo Light	Contour Light	Zerona	I-Lipo	Yolo/ Meridian	Strawberry	Best Performer
									with darker colored skin
Direct Fat Loss Results machine only	3	3	3	3	2.5	3	3	3	Comparable
Total System Fat Loss Results	12	10	9	9	8	9	9	9	Vevazz – combined program delivers superior results
Patient Results Guarantee	Yes	First Visit Only	No	Limited and non-specific	No	No	No	No	Vevazz – Superior guarantee gives you more confidence

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2.4 Overall Ranking

Rank	Machine	Star Rating (5 Stars Max)
1	Vevazz	★★★★★
2	Advanced Photonics Ultra Slim	★★★★★
3	Contour Light	★★★★★
4	Lipo Light	★★★★★
5	Strawberry	★★★★★
6	Meridian/Yolo	★★★★★
7	I-Lipo	★★★★
8	Zerona	★★★★

PART 3 - EDITOR'S CHOICE

The clear winner from our review is the Vevazz machine that is part of the Slim Line System.

The KEY factors in the ranking are...

1. Superior And Safer Technology



The Vevazz machine uses the newest laser-like super luminous LED technology. This has all the benefits of conventional first-generation laser technology without any potential drawbacks.

The Vevazz machine has been refined through a number of updates and is optimized to deliver the best all-round performance for fat loss and body-contouring.

2. Excellent Direct Fat Loss Results

Laser-like and laser technology is truly remarkable because you see almost instant results. The Vevazz machine is in the front rank of today's weight loss and body-contouring machines and delivers outstanding and clearly visible results.

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3. Guarantee Of Patient Results

The developers of the Vevazz machine are so confident in the technology and the effectiveness of the machine that they provide a guarantee of results.

4. Whole Body Vibration Treatment

Every Vevazz system comes with a Whole Body Vibration machine. This complements the main treatment and assists in producing the desired fat-loss results

5. Psychological Support

While the Vevazz treatment delivers results in the short-term, for lasting and long-term success it is essential to make lifestyle changes. The Vevazz treatment is complemented by a breakthrough Mind Changing Technology program that makes sticking with the course easier, helps to lock in lifestyle changes and gives the best chance for overall success.

6. An Integrated Program For Long Term Success

Vevazz is an excellent machine, probably the best of its type. However, what makes it truly the superior choice is that it is at the heart of an integrated system for successful, long term, healthy fat-loss. This system includes the initial treatments for fast fat-loss, the Mind Changing Technology assistance and an ongoing program of simple lifestyle changes to maintain the results for the long term.

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